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Abstract. The impact of boreal spring intraseasonal wind bursts on sea surface temperature variability in the eastern Tropical Atlantic Ocean in 2005 and 2006 is investigated using numerical simulation and observations. We specially focus on the coastal region east of 5° E and between the equator and 7° S that has not been studied in detail so far. For both years, the southerly wind anomalies induced cooling episodes through i) upwelling processes; ii) vertical mixing due to vertical shear of the current; and for some particular events iii) a decrease of incoming surface shortwave radiation. The strength of the cooling episodes was modulated by subsurface conditions affected by the arrival of Kelvin waves from the west influencing the depth of the thermocline. Once impinging the eastern boundary, the Kelvin waves excited westward-propagating Rossby waves which, combined with the effect of enhanced westward surface currents, contributed to the westward extension of the cold water. A particularly strong wind event occurred in mid-May 2005 and caused an anomalous strong cooling off Cape-Lopez and in the whole eastern Tropical Atlantic Ocean. From the analysis of oceanic and atmospheric conditions during this particular event, it appears that anomalously strong boreal spring wind strengthening associated to anomalous strong Hadley cell activity prematurely triggered the onset of coastal rainfall in the northern Gulf of Guinea, making it the earliest over 1998-2008 period. No similar atmospheric conditions were observed in May over the 1998-2008 period. It is also found that the anomalous oceanic and atmospheric conditions associated to the event exerted strong influence on rainfall off Northeast Brazil. This study highlights the different processes through which the wind power from the South Atlantic is brought to the ocean in the Gulf of Guinea and emphasizes the need to further document and monitor the South Atlantic region.

1. Introduction

The eastern equatorial Atlantic Ocean shows a pronounced seasonal cycle in sea surface temperature (SST) (Wauthy, 1983; Mitchell and Wallace, 1992). One strong signature of the SST seasonal cycle in the eastern equatorial Atlantic is the Atlantic cold tongue (ACT) (Zebiak, 1993) characterized by a fast drop of SST (up to 7° C) in boreal spring and summer slightly south of the equator and east of 20°W (Merle, 1980; Picaut, 1983).
During boreal summer, the southern boundary of this cooler temperature connects progressively with the austral winter cooling of the Southern hemisphere SSTs. A number of observational (Merle, 1980; Foltz et al., 2003) and modeling (Philander and Pacanowski, 1986; Yu et al., 2006; Peter et al., 2006) studies show that the development of the ACT is driven by the seasonal increase of the Southern Hemisphere trade winds during late boreal winter to early summer (Brandt et al., 2011) associated with the meridional displacement of the Inter-Tropical Convergence Zone (ITCZ) (Picaut, 1983; Colin, 1989; Waliser and Gautier, 1993; Nobre and Shukla, 1996). The equatorial cooling is regulated by a coupling between thermocline shoaling, subsurface dynamics (Yu et al., 2006; Peter et al., 2006; Wade et al., 2011; Jouanno et al., 2011) including turbulent mixing, vertical advection and entrainment, as well as horizontal advection. The equatorial thermocline shoaling is the consequence of local and remote wind forcing: the strengthening of easterly winds in the western equatorial Atlantic remotely forces the seasonal upwelling in the eastern part of the basin via equatorial Kelvin waves (Moore et al., 1978; Adamec and O’Brien, 1978; Busalacchi and Picaut, 1983; McCreary et al., 1984).

Besides the dominant seasonal cycle, the eastern tropical Atlantic is under the influence of meridional southerly winds (Picaut, 1984) which fluctuate with a period close to 15 days (Krishnamurti, 1980; de Coëtlogon et al., 2010; Jouanno et al., 2013). These intraseasonal wind fluctuations are therefore expected to be a major contributor to the seasonal SST cooling and occur as an energy and momentum carrier from the South Atlantic to the eastern equatorial Atlantic. A connection between the strength of the St. Helena Anticyclone and SST anomalies in the southeastern tropical Atlantic has been described by Lübbecke et al. (2014). These authors suggest that the St. Helena Anticyclone variability might be an important source of anomalous tropical Atlantic wind power which affects SST in the eastern equatorial Atlantic via several mechanisms: zonal wind stress changes in the western equatorial basin, wave adjustment, meridional advection of subsurface temperature anomalies, intraseasonal wind stress variations, and possibly even other mechanisms. Through the in situ data analysis of AMMA/EGEE cruises (Redelsperger et al., 2006; Bourlès et al., 2007) carried out in 2005 and 2006, Marin et al. (2009) show that the SST seasonal cooling at the equator east of 10° W is not smooth but results from the succession of short-duration cooling episodes generated by southeasterly wind bursts due to the fluctuating St. Helena Anticyclone. In addition, according to Leduc-Leballeur et al. (2013), the sharp and durable change in the atmospheric circulation in the northern Gulf of Guinea (durably strong southerlies north of equator) takes place through an abrupt seasonal transition prepared by a succession of southerly wind bursts and possibly triggered by a significantly stronger wind burst. The southerly wind bursts occurring in boreal spring in the Gulf of Guinea thus would play an important role in driving precipitation pattern in the area through air-sea interactions (de Coëtlogon et al., 2010; Nicholson and Dezfuli, 2013) and coupling between the ACT and the West Africa Monsoon (WAM).

Improving our understanding of the impact of such wind bursts on SST variability at intraseasonal scale in the eastern Tropical Atlantic is important through its link with the regional climate. However, while the ACT and Angola-Benguela regions have been the object of many studies, the dynamics and SST variability of the coastal eastern region is much less documented.
In this study, we therefore first focus our analysis off Cape-Lopez (defined from 0° N-7° S; 5° E-14° E and hereafter called CLR for ‘Cape-Lopez region’, see Fig. 2) and aim to improve understanding of its seasonal SST variability and the impact of intraseasonal winds on SST variability during boreal spring and summer. To this end, we use regional high resolution model results as well as satellite SST data and sea surface height observations. We first use model outputs from 1998 to 2008 to analyze the seasonal cycle in CLR and to highlight its interannual variability, and then we specially focus on the years 2005 and 2006 to investigate the SST response of intraseasonal wind forcing. These two particular years were largely investigated during the African Monsoon Multidisciplinary Analyses (AMMA) experiment (Redelsperger et al., 2006). The year 2005 is characterized by the lowest SST values in the ACT during the past 3 decades (along with 1982), while 2006 is considered as a normal year (Caniaux et al., 2011). Also, 2005 exhibits the earliest development of the ACT. The study of SST variability at intraseasonal scale during these two years is thus interesting for better understanding their observed differences in SST seasonal conditions. These two particular years have been also chosen by Marin et al. (2009) to study the variability of the properties of the ACT. Their study concerned the equatorial area west of 4° E, whereas we propose to focus in CLR, east of 5° E where coastal processes are expected to be involved.

The question of the processes implied in the SST variability in the Cape-Lopez region was raised based on an observation in satellite SST data of cold coastal waters during boreal spring independent from those observed off shore in the cold tongue region around 10°W (see Fig. 2) which also raised the question of the link of such cooling with the cold tongue development. Most studies on the CLR focused on the analysis of observational data sets to examine the hydrology and its seasonal variation along the frontal (coastal) region of Congo (e.g. Merle, 1972; Piton, 1988) or on the impact of Congo River on SST and mixed layer (e.g. Materia et al., 2012; Denamiel et al., 2013; White and Toumi, 2014) but, to our knowledge, no detailed analysis of SST variability at seasonal and intraseasonal time scales have been realized. A better understanding of ocean-atmosphere interactions in this region is thus needed. Some previous studies related to the whole eastern Tropical Atlantic (Gulf of Guinea) suggest that multiple processes could be at play in the CLR, coupling remote and local forcing. For example, Giordani et al. (2013) show from regional model results that horizontal advection, entrainment, and turbulent mixing significantly contribute to the heat budget east of 3°W because of the very thin mixed layer. The upper layers of the north CLR might also be impacted by vertical mixing induced by the intense current vertical shear between the South Equatorial Current, flowing westward at the surface, and the subsurface eastward Equatorial Under-Current. In addition to local forcing, the area is also under the influence of the arrival of equatorial Kelvin waves from West and their reflection, once reaching the African coast, poleward as coastally trapped waves and westward as Rossby waves (Moore, 1968; McCreary, 1976; Moore and Philander, 1977). The principal source of the equatorial Kelvin waves has been usually related to the western equatorial zonal wind changes during late boreal winter to early summer (e.g.; Philander, 1990). In order to better understand the trigger mechanism of Kelvin waves generation which conditions the mixed layer properties in the CLR, another purpose of this study is thus to identify the atmospheric conditions coinciding with the Kelvin waves generation in the West of the basin during winter 2005 and 2006. In addition, some studies (such as
DeCoëtlogon et al., 2010) suggest that at short time scale (a few days), more than half of the cold SST anomaly around the equatorial cooling could be explained by horizontal oceanic advection of upwelled cold coastal waters controlled by the winds. Therefore, a better understanding of the SST variability in the CLR may also help to better understand the SST variability in the equatorial region.

Several studies (e.g. Okumura and Xie, 2004; Caniaux et al., 2011; Nguyen et al., 2011; Thorncroft et al., 2011) show evidence of a high correlation between the ACT and the WAM onset in the Sahelian region. Based on an analysis of 27 years of data, Caniaux et al. (2011) identified the year 2005 as the year with the earliest WAM onset date (around 19 May 2005 whereas they define the mean onset date on 23 June +/-8 days). According to Marin et al. (2009), the time shift in the development of the ACT between 2005 and 2006 is related to a particular wind burst event in mid-May 2005. This mid-May 2005 event therefore appears as exerting a strong influence on the WAM. In a second part of the study, we thus focus on this particular wind event that preceded a strong cold event in the far eastern Tropical Atlantic along with an early ACT development. We aim to describe i) the atmospheric and oceanic conditions during this particular event; ii) to what extent it is involved in the WAM system; and iii) which processes make it an exceptional event.

The remainder of the paper is organized as follows. In Sect. 2, the model and observational data used in this study are described. The seasonal and interannual variability of SST, winds, currents, 20°C-isotherm depth and sea surface heat flux in the CLR are analyzed in Sect. 3. The cooling episodes generated in response to southerly wind bursts and the other forcing mechanisms implied in the CLR are investigated in details for the years 2005 and 2006 in Sect. 4. In Sect. 5, we focus our analysis on the unusual wind burst occurring in mid-May 2005. Finally, the main results are summarized and discussed in Sect. 6.

2. Model and data

The numerical model used in this paper is the Regional Oceanic Modeling System (ROMS) (Shchepetkin and McWilliams, 2005). The model configuration is the same as employed in Herbert et al. (2016), and the following text is derived from there with minor modifications.

ROMS is a three-dimensional free surface, split-explicit ocean model which solves the Navier-Stokes primitive equations following the Boussinesq and hydrostatic approximations. We used the ROMS version developed at the Institut de Recherche pour le Développement (IRD) featuring a two-way nesting capability based on AGRIF (Adaptative Grid Refinement In Fortran) (Debreu et al., 2012). The two-way capability allows interactions between a large-scale (parent) configuration at lower resolution and a regional (child) configuration at high resolution. The ROMSTOOLS package (Penven et al., 2008) is used for the design of the configuration. The model configuration is built following the one performed by Djakouré et al. (2014) over the Tropical Atlantic. The large scale domain extends from 60° W to 15.3° E and from 17° S to 8° N and the nested high resolution zoom focuses between 17° S and 6.6° N and between 10° W and 14.1° E domain. This configuration allows for equatorial Kelvin waves induced by trade wind variations in the western part of the basin to propagate into the
Gulf of Guinea and influence the coastal upwelling (Servain et al., 1982; Picaut, 1983). The horizontal grid resolution is 1/5° (i.e. 22 km) for the parent grid and 1/15° (i.e. 7 km) for the child grid (see Herbert et al. (2016), their Fig. 1). This allows an accurate resolution of the mesoscale dynamics since the first baroclinic Rossby radius of deformation ranges from 150 to 230 km in the region (Chelton et al., 1998). The vertical coordinate is discretized into 45 sigma levels with vertical S-coordinate surface and bottom stretching parameters set respectively to \( \theta_s = 6 \) and \( \theta_b = 0 \), to keep a sufficient resolution near the surface (Haidvogel and Beckmann, 1999). The vertical S-coordinate \( H_c \) parameter, which gives approximately the transition depth between the horizontal surface levels and the bottom terrain following levels, is set to \( H_c = 10 \) m. The GEBCO1 (Global Earth Bathymetric Chart of the Oceans) is used for the topography (www.gebco.net).

The runoff forcing is provided from Dai and Trenberth’s global monthly climatological run-off data set (Dai and Trenberth, 2002). The rivers properties of salinity and temperature are prescribed as annual mean values. One river (Amazon) is prescribed in the parent model while five rivers, that correspond to the major rivers present around the Gulf of Guinea, are prescribed in the child model (Congo, Niger, Ogoou, Sanaga, Volta). At the surface, the model is forced with the surface heat and freshwater fluxes as well as 6 hourly wind stress derived from the Climate Forecast System Reanalysis (CFSR) (horizontal resolution of \( 1/4^{\circ} \times 1/4^{\circ} \)) (Saha et al., 2010). Our model has three open boundaries (North, South, and West) forced by temperature and salinity fields from the Simple Ocean Data Analyses (SODA) (horizontal resolution of \( 1/2^{\circ} \times 1/2^{\circ} \)) (Carton et al., 2000a, 2000b; Carton and Giese, 2008). The simulation has been performed on IFREMER Caparmor super-computer and integrated for 30 years from 1979 to 2008 with the outputs averaged every 2 days. A statistical equilibrium is reached after ~10 years of spin-up. Model analyses are based on the 2-days averaged model outputs from year 1998 to year 2008. The model has already been validated successfully with a large set of measurements and climatological data, and more detailed information about the model validations can be found in Herbert et al. (2016).

Note that throughout the whole text and figure captions, the term “intraseasonal variations” is used to designate the field obtained after removing the 30 days low-pass filtered field from the total field of the given year, while “intraseasonal anomaly” refers to the field obtained after removing the 30 days low-pass filtered field averaged over 1998-2008 from the total field of the given year.

For SST observations, we use data obtained from measurements made by the Tropical Rainfall Measuring Mission microwave imager (TMI). The dataset is a merged product produced by Remote Sensing Systems and sponsored by the NASA Earth Sciences Program. The data are available at www.remss.com/missions/tmi. The SST data have a spatial resolution of \( 1/4^{\circ} \) and for the present study the 10 years’ time series, from 1 January 1998 to 31 December 2008, obtained as 3-daily field. The important feature of the microwave retrievals is that it can give accurate SST measurements under clouds (Wentz et al., 2000). However, the major limitation to the microwave TMI observations is land contamination which results in biases of the order of 0.6°K within about 100 km from the coast (Gentemann et al., 2010). Thus, in the Optimal Interpolation TMI product the offshore zone with no data extends at approximately 100 km from the coast. This limits to some degree the analysis of near-coastal regions, in particular those dominated by coastal upwelling dynamics.
We also use for this study daily sea surface height (SSH) data, which are available for the period 1993–2012 and maintained by the organization for Archiving, Validation, and Interpretation of Satellite Oceanographic data with support from CNES (AVISO; www.aviso.altimetry.fr). The sea surface height dataset is a merged product of observations from several satellite missions Ssalto/Duacs (Segment Sol multimissions d’ALTimétrie, d’Orbitographie et de localisation précise/Developing Use of Altimetry for Climate Studies) mapped onto a 0.25° Mercator projection grid. All standard corrections have been made to account for atmospheric (wet troposphere, dry troposphere and ionosphere delays) and oceanographic (electromagnetic bias, ocean, load, solid Earth and pole tides) effects. The mean sea surface topography for the period 1993–2012 was removed from the SSH to produce sea surface height anomalies.

In addition, surface pressure data were studied using ECMWF Atmospheric Reanalysis (ERA) for the 20th Century product (European Centre for Medium-Range Weather Forecasts, 2014). The four-hourly data are daily averaged and is available on https://rda.ucar.edu website. The product assimilates surface pressure and marine wind observations.

3. Seasonal variability of surface conditions in CLR

The purpose of this section is to describe the seasonal atmospheric and ocean surface conditions in the CLR.

The seasonal variability of SST, surface winds stress, horizontal current intensity, depth of 20°C isotherm (hereafter referred to as z20), and the surface net heat flux from monthly averaged model outputs in the CLR for each year from 1998 to 2008 and averaged over the period are shown in Fig. 1. The reliability of the model is also provided by comparing the simulated and the corresponding TMI SST climatological seasonal cycle in the CLR (Fig. 1a). The SST variations display an annual cycle with highest temperature at the end of boreal winter – beginning of boreal spring (warm season), when the ITCZ reaches its southernmost position and the trade winds are weakest, and minimum values in boreal summer (cold season), when the trades intensify. The most salient features of the atmospheric and hydrographic fields during May-June are also illustrated in Fig. 1 by May-June averaged maps. Despite a warm bias (~1°C) compared to satellite observations, the model reproduces the satellite pattern well. While this warm bias in the eastern tropical Atlantic is well known in coupled climate models (e.g. Zeng et al., 1996; Davey et al., 2002; Deser et al., 2006; Chang et al., 2007; Richter and Xie, 2008), results from Large and Danabasoglu (2006) suggest indeed that a warm SST bias may also be present along the Atlantic coast of southern Africa in forced ocean-only simulation. The SST May-June average map indicates that the boreal summer SST minimum is related to intensified cool SST around 6°S, in the Congo mouth region. In this region, the coast is oriented parallel to the trade flow which reinforces in boreal summer, thus favorable to coastal upwelling processes. The mean alongshore wind stress during May-June reveals in fact that upwelling conditions are observed over most of the CLR. The coastal upwelling could also interact with the coastal Kelvin wave propagation (e.g. Ostrowski et al., 2009) highlighted by minimum z20 values in Fig. 1d.
Wind stress magnitude exhibits a semi-annual variability with a second maximum in October–December and a weakening during July-September season (Fig. 1b). The strengthening of winds in boreal spring is associated with a strengthening of mean current speed, particularly off Cape-Lopez between 2° S to 4° S and west of 8° E in May-June (Fig. 1c). The orientation of surface current is mostly westward for the May-June season, while it is northward from October to January (not shown). This general picture of surface circulation is consistent with observations (Merle, 1972; Piton, 1988; Rouault et al., 2009).

The region is also characterized by a shallow thermocline which depicts a strong semi-annual cycle (Fig. 1d). The evolution of z20 reveals a shoaling of the thermocline during May-July and a deepening up to October-November when it exhibits a maximum depth, in agreement with previous studies such as the one realized by Schouten et al. (2005) who find a similar seasonal cycle from SSH altimetric data.

The surface net heat flux exhibits a maximum in boreal winter and a minimum in July (Fig. 1e), following the seasonal cycle of solar shortwave radiations. As visible on the May-June average map, greater heating is found over cool waters, due to weaker heat loss via latent heat flux in these areas.

The seasonal cycle is modulated by strong year-to-year variations. The mean SST in the CLR in 2005 cools as early as March from TMI data and April from the model data. SST reaches lower values than the climatologic ones, as observed by Marin et al. (2009) and Caniaux et al. (2011) west of 4° E. This 2005 cold anomaly is associated with positive wind speed and surface current speed anomaly in April-May (Fig. 1b&c) as well as shallower-than-average thermocline depth. In 2006, SST variations are very close to the climatologic ones.

Thus, the April-June season in the CLR appears as a transitional period characterized by strong seasonal evolution, primarily governed by the local winds which generate coastal upwelling in Congo mouth region and modulated by the variation of thermocline depth.
Figure 1: Monthly average of the (a) sea surface temperature (°C); (b) wind stress direction (vectors) and magnitude (color field) (N.m$^{-2}$); (c) horizontal surface current direction (vectors) and speed (color field) (m.s$^{-1}$); (d) 20°C-isotherm depth (m); and (e) surface heat flux (W.m$^{-2}$; positive values indicate downward flux) from January to December from 1998 to 2008 and for the climatology (averaged over 1998-2008) simulated by the model (red curve) and from the observations: monthly average TMI 3-daily SST data (light blue curve in (a)); averaged over 5° E-14° E and 7° S-0° S. Right panel: maps of each variable over May-June.

In this section, we examine the impact of intraseasonal wind bursts on SST in the CLR during the particular years 2005 and 2006 (Marin et al., 2009; Caniaux et al., 2011). We propose here to analyze in details the SST conditions in CLR, east of 5° E, for both years.

4.1 SST variations

In order to delineate the sequence of cooling episodes, we analyze the SST variations from 2-days averaged model outputs in 2005 and 2006 over the CLR, i.e. between 5° E and 12° E. Both the SST (Fig. 3a & c) and intraseasonal variations of SST (Fig. 4a & f) are shown. The cooling episodes occurred east of 5° E from April to September. In 2005, the intraseasonal cooling episodes took place on 8-12 May, 16-22 May, 30 May-June 6, and 12-16 June, whereas in 2006, they took place on 20-30 April, 14-24 May, 14-20 & 26-30 June. The temperature drop for the two years ranged between -0.2°C to -2°C. The cooling episodes concerned especially the southern equatorial region (around ~3-4° S), except for the strongest events where they reached more northern equatorial regions, especially for the mid-May and late-May 2005 events. These latter were associated with an intense SST front between the cold water south of the equator and the warmer water north of the equator, as visible on SST map for 12 May 2005 presented in Fig. 2. We can see cold waters extending along the eastern coast and in ACT region west of 5° W. In the model, cold waters are deflected offshore off Cape-Lopez, due to recursive bias in warm water intrusion toward the south.

Besides, model SST fields (Fig. 3a) indicate that the SST minimum (~24° C) in 2005 was reached in July, i.e. one month earlier than in 2006, as also noticed in seasonal variations of SST averaged in the region (Fig. 1a). These results illustrate the important role of the succession of quick and intense cooling episodes in the establishment of persistent cold anomalies in the CLR, as highlighted by Marin et al. (2009) in the equatorial region.
Figure 2: Map of the sea surface temperature (°C) on 12 May 2005 from 3-days average TMI data (a) and from the 2-days average model output (b). Note that for the model it corresponds to 11-12 May average whereas for TMI data it is 10-11-12 May average. The black square indicates the Cape-Lopez region (called ‘CLR’).

4.2 Forcing mechanisms

4.2.1. Local forcing

To examine the local forcing mechanisms responsible for the observed cooling episodes in CLR, the intraseasonal variations of wind stress magnitude are examined and compared in 2005 and 2006 (Fig. 4b & 4g). In 2005, successive periods of 6-16 days wind intensification occurred from late-March to late-June. The main cooling episodes described above are associated with positive intraseasonal wind stress speed occurring on 6-8, 14-18 & 26-30 May, and 10-14 & 28 June-2 July with a maximum for the 14-18 May event peaking on 16 May (at ~0.025 N.m⁻²). Another period of wind intensification is evident in late March – early April but it did not generate significant cooling despite comparable or even higher wind intensity than following wind events. In 2006, periods of wind intensification extended from mid-March to July. The main wind events in boreal spring occurred in 2-4 & 16-24 April, 6-8 & 14-20 May, 14-16 & 24-26 June with maximum intraseasonal wind stress magnitude in 16-24 April (0.019 N.m⁻²) and 24-26 June (0.022 N.m⁻²). Also, the wind event in late April 2006 did not generate a surface cooling as strong as the mid-May 2006 one, despite higher wind stress magnitude. To depict the subsurface conditions during cooling episodes in the CLR for both years, the 20°C-isotherm depths averaged from 5° E to 12° E are presented in Fig. 3b & 3d. They indicate strong correlation with SST variations on intraseasonal time scale with minimum depths (< 35 m) observed during the mid-May 2005 and end-May event. In early April 2005 and before the late-April 2006, the thermocline was deeper, that can explain why wind intensification did not generate a surface cooling at these times. Indeed, at the time of the strong 16-24
April 2006 wind event, the z20 values was higher south of the equator than during the 14-16 May 2005 event, making the SST less reactive to comparable wind intensification. The same feature is observed in early May 2006, when the higher z20 values indicate deeper thermocline south of the equator around 3-4° S than a few days later. Besides, the thermocline appeared shallower south of the equator in 2005 than in 2006, in agreement with the difference of the cooling intensity observed between the two years.

The Ekman pumping velocity $w_e$ averaged over the CLR for 2005 and 2006 is shown in Fig. 4d & 4i respectively. The dates of intraseasonal upward velocities are quite well correlated with the dates of intraseasonal wind events (with correlation coefficient equal to 0.55 for 2005 and 0.41 for 2006), maximum being during the early-April, mid-May and end-May 2005 events and during late April, mid-June and end-June 2006. However, for comparable wind intensification, the boreal spring and summer wind events were not associated with comparable intensity of Ekman pumping velocity.

Another process that may contribute to the cooling in the upper layer is the vertical mixing due to intense vertical shear of the current. The maximum of the vertical shear magnitude fields in the CLR, averaged between 5° and 12° E for 2005 and 2006 (Fig. 4c & 4h), exhibited intensification south of the equator, centered around 3-4° S. Weaker intensification also occurred occasionally at the equator (located around 80 m depth between the westward surface South Equatorial Current – SEC – and the eastward subsurface Equatorial Under-Current). Around 3-4°S, the vertical shear was driven by the SEC, reinforced by prevailing southerly winds events through Ekman transport. It thus occurred at the date of wind events previously identified for 2005 and 2006, with stronger vertical shear occurring in early May 2005 and late April 2006. The intensity of the maximum of vertical shear magnitude during the events was quite similar between 2005 and 2006. The main difference lied in their meridional extent, related to the meridional extent of the strengthened southerly winds which reached equatorial region during the May 2005 events (not shown). We can also notice that for comparable wind intensification, the boreal spring and summer wind events were not associated with comparable intensity of vertical shear. The meridional wind component favorable to westward Ekman transport was actually stronger during April and May events than during summer ones (not shown).

The heat content within the mixed layer is also impacted by the sea surface heat fluxes. The net heat fluxes averaged between 5° E and 12° E are shown in Fig. 4e & 4j for 2005 and 2006 respectively. They indicate a net heating (~ 50-100 W.m$^{-2}$) over the 2° S - 5° S latitude band, where the SST cooling was strongest, suggesting other mechanisms involved. However, we notice some particular events during which the net heat flux was negative over most of the region. A strong net cooling (~30 W.m$^{-2}$) occurred during the 26-28 May 2005 event. It was mainly due to a sudden decrease of incoming surface short wave radiation (drop of about 80 W.m$^{-2}$ in the CLR between 22 and 28 May; not shown) suggesting increased cloud cover. Another strong net cooling occurred on 2 April 2006 with a mean value in the CLR reaching ~95W.m$^{-2}$. It is more sudden than the end-May 2005’s one, and was almost exclusively restricted to the CLR region with values reaching locally ~185W.m$^{-2}$ (not shown). For both events, the net cooling did not concern the equatorial region west of 0°W.
Figure 3: (a & c) Latitude-time diagram of the sea surface temperature (°C) averaged between 5°E and 12°E; (b & d) Latitude-time diagram of the 20°C-isotherm depth (m) averaged between 5°E and 12°E; from 1 March to 31 August 2005 (left panels) and 2006 (right panels). The cooling episodes are indicated by the black brackets.

Figure 4: (a & f) Time-latitude diagram, from 7° S to 1° N, of the intraseasonal variations of sea surface temperature (in °C) averaged between 5°E and 12°E; (b & g) Time evolution of the intraseasonal variations of wind stress amplitude (N.m⁻²) averaged between 5°E and 12°E and between 3°S and 0°S; (c & h) Latitude-time diagram of the intraseasonal variations of the maximum of the current vertical shear magnitude (m.s⁻¹) averaged between 5°E and 12°E; (d & i) Longitude-time diagram of the intraseasonal variations of Ekman Pumping (m.s⁻¹) averaged over the CLR. Ekman pumping values >0 indicate upwelling; (e & j) Latitude-time diagram of the net heat flux (W.m⁻²) averaged between 5°E and 12°E; from 1st March to 31 August 2005 (left panels) and 2006 (right panels). For details about calculations of intraseasonal variations, see Sect. 2. The intraseasonal southerly wind events are indicated by the shaded areas. Note that the cooling episodes occur few days after the southerly wind events.
4.2.2. Remote forcing

a. Highlighting of Kelvin wave propagation

As previously shown, the time of occurrence of the cold events in the CLR coincides with shallow thermocline which contributes to making the mixed layer temperature more reactive to surface forcing (note that z20 does not necessarily show the same variability as the mixed layer depth). Indeed, because of its proximity to the equator, the thermocline in the CLR is affected by the arrival of equatorial waves, initiated in the western part of the basin. Pairs of alternate downwelling and upwelling Kelvin waves occur usually in February-March, July-September and October-November. Upon impingement with the eastern boundary, the incoming equatorial Kelvin wave excites westward-propagating Rossby waves and poleward-propagating coastal Kelvin waves (Moore, 1968; Moore and Philander, 1977; Illig et al., 2004; Schouten et al., 2005; Polo et al., 2008). The 20° C-isotherm depth anomalies along the equator and along 9°E are presented in Fig. 5 and clearly evidence large negative anomalies indicating shallower-than-average thermocline, propagating eastward along the equator and then southeastward for both years. The eastward propagation of Kelvin wave along the equator and southeastward along the coast is also well visible in the basin-wide SSH anomalies (Fig. 6) with a phase velocity of about 1.1-1.3m.s⁻¹, which fits well in the range between the second and third baroclinic equatorial Kelvin wave modes. In 2005, negative SSH and z20 anomalies occurred in the West in early March- early April and in mid-May, whereas they occurred around late-February – mid-March and early May and June in 2006. The first Kelvin wave thus reached the CLR slightly earlier in 2006 than 2005, at the beginning of May. In addition, the two upwelling Kelvin waves followed each other more closely in 2005 than in 2006.

Thus, the intensity of the cold events observed in boreal spring and summer 2005 and 2006 resulted from both the basin preconditioning by remotely forced shoaling of the thermocline, local mixing and upwelling processes in response to strong southerly local winds, as well as heat flux variations. In 2005, stronger wind intensification and favorably preconditioned oceanic subsurface conditions, made the coupling between surface and subsurface ocean processes more efficient than in 2006, resulting in stronger cooling.
Figure 5: Time evolution of the intraseasonal anomaly of 20°C isotherm depth (m) along the equator (between 54° W and 12° E) and along 9° E (between the equator and 3° S) for 2005 (left) and 2006 (right). Negative values indicate a 20°C isotherm depth closer to the surface. For details about calculations of the anomalies, see Sect. 2.

Figure 6: Time evolution of the sea level anomaly (m) along the equator (between 54° W and 12° E) and along 9° E (between the equator and 3° S) for 2005 (left), and 2006 (right) from AVISO data.
b. Kelvin wave generation and coinciding atmospheric conditions in the West

In order to identify the wind activity which accompanies the generation of Kelvin upwelling waves in winter 2005 and 2006 in the western part of the basin, we analyze the position of the ITCZ (averaged over 50° W-35° W) identified as the latitude where the meridional wind stress goes to zero (Fig. 7a & g). The intraseasonal anomaly of the zonal and meridional components of the wind stress (Fig. 7b-c & 7h-i), the intraseasonal anomaly of wind stress curl (Fig. 7d & j), as well as the intraseasonal anomaly of the z20 and SSH (Fig. 7e-f & k-l), averaged in the equatorial band (over 1° S and 1° N), are also presented. Many authors suggest that the source of the equatorial Kelvin wave is mainly related to a sudden change of the western equatorial zonal wind (e.g. Picaut, 1983; Philander, 1990): a symmetric westerly (easterly) wind burst along the equator will generate Ekman convergence (divergence) and thus force downwelling (upwelling) anomalies which then propagate eastward as a Kelvin wave (Battisti, 1988; Giese and Harrison, 1990). In 2005, shallower-than-average thermocline, evidenced by negative z20 and SSH anomalies, occurred in the end of March-beginning of April in the west part of the basin (Fig. 7e & f). The intraseasonal anomalies of meridional and zonal wind stress indicate that the maximum of thermocline slope anomaly was associated with a strengthening of northeast trades followed by a strengthening of southeast trades from either side on the equator. At the equator, we notice indeed a sudden reversing of meridional winds which turned southward on 27-28 March 2005 related to an abrupt southward displacement of the ITCZ which was then found south of the equator in the west part of the basin (Fig. 7a & b). The ITCZ returned its initial position four days later followed by a strengthening of easterlies which persisted for ~20 days (Fig. 7c). Climatologically, the latitudinal position of the ITCZ varies from a minimum close to the equator in boreal spring (March-May) in the west to a maximum extension of 10°N – 15°N in late boreal summer (August) in the east. Positive (negative) wind stress curl is found north (south) of the ITCZ. When the ITCZ is north of the equator, it induces upward (downward) Ekman pumping to the north (south) of the ITCZ. Thus, the southward shift of the ITCZ on 27-28 March 2005 accompanied with strong northerlies led to negative anomaly of wind stress curl south of the equator resulting in upward Ekman pumping. Results show indeed a strong negative anomaly on 22-26 March 2005 associated with the southward shift of the ITCZ just before the upwelling signal, initiated on 28 March. These changes contributed to a rise in the oceanic thermocline with a time lag of some days (Fig. 7e & f). The upwelling signal might then be reinforced by the symmetric easterly wind which concerned a large part of the western basin. Besides, we identify in Fig. 7d another peak of negative wind stress curl anomaly on 6-8 May 2005, more sudden than the previous winter one. It was associated with negative z20 SSH anomalies indicator of a thermocline rise initiated on 6 May 2005 in the west of the basin and which propagated eastward along the equator. The zonal wind stress anomalies (Fig. 7c) also indicate an easterly wind strengthening initiated in the beginning of May, which a maximum on 8-10 May, just after the minimum of wind stress curl.

In 2006, the upwelling Kelvin wave is identified in the first half of March in the west part of the basin (Fig. 7k & l). The coinciding atmospheric conditions were slightly different than the ones identified in 2005. In winter, the position of the ITCZ had a more southern position in 2006 than in 2005. It crossed the equator during a longer period (about 10 days from ~ 10 Feb. 2006), reaching minimum latitude on 22-24 February. This location
south of the equator induced a negative wind stress curl anomaly (Fig. 7j). As in 2005, the reversion of the
meridional wind at the equator was followed by a strengthening of westward component of the wind stress few
days after, which lasted for about ten days (Fig. 7i); however, it was of a lesser magnitude compared to 2005
and only concerned the westernmost part of the basin. In addition, the negative zonal wind anomaly concerned
mainly the northeasterlies rather than the southeasterlies, leading to an anti-symmetric meridional wind pattern as
well as symmetric zonal wind pattern on either side on the equator (not shown). These wind patterns were
expected to generate Ekman divergence at the Equator and thus to reinforce the observed upwelling anomalies.

Thus, for both years, upwelling Kelvin waves were generated in the west while easterly winds were
strengthened from either side of the equator after the ITCZ reached its southernmost location. This latter was
observed one month earlier in 2006 than in 2005, and was associated with a negative wind stress curl anomaly.
In winter 2005, the ITCZ was found south of the equator after a very sudden southward shift and was followed
by strong easterlies during ~20 days, while in winter 2006, the ITCZ was found closer to the equator less
sharply and during a longer period, followed by weaker easterlies compared to 2005. These results highlight
another way in which intraseasonal wind events may impact the SST variability in the eastern part of the basin,
through the generation of Kelvin wave in the West which shoals the thermocline in the East a few weeks later.

Figure 7: Time evolution, from 2-days averaged model outputs over Jan-June 2005 (left) and Jan-June 2006
(right); of (a & g) the position (in latitude, between 5° S and 10° N) where the meridional wind stress value
equal zero (indicator of the position of the ITCZ); (b & h) the intraseasonal anomaly of the meridional wind
stress (N.m⁻²) averaged between 50° W and 35° W and between 1° S and 1° N; (c & i) same as (b & h) but for
intraseasonal anomaly of zonal wind stress \((N.m^{-2})\); (d & j) the intraseasonal anomaly of the wind stress curl \((N.m^{-2})\); (e & k) the intraseasonal anomaly of the \(20^\circ\) C isotherm depth (m); negative values indicate that the \(20^\circ\)C isotherm depth is closer to the surface; (f & l) the intraseasonal anomaly of the sea level (m). The red arrow in (a & g) indicates the southward shift of the ITCZ before the generation of the Kevin wave (see text). For details about the calculations of anomalies, see Sect. 2.

4.3. Westward extension of the CLR cooling

In the east, the cooling generated by southerly wind bursts in the CLR then progressively extended westward to connect with the southern boundary of the equatorial ACT. This phenomenon was more obvious in 2005 when the cooling which first concerned the coastal area extended further offshore a few days after the two strong events occurring in the second half of May. To evidence the effect of these events on SST, maps of intraseasonal SST anomaly and intraseasonal wind stress anomaly averaged from 1 to 12 May (before the strong 2005 events; Fig. 8a) and from 14 to 31 May (during and after the strong 2005 events; Fig. 8b) are presented in Fig. 8. The same calculations have been made for 2006 for comparison. The results illustrate an enhancement after 10 May of the cooling in the east associated with southerly wind intensification and an extension of the cooling especially south of the equator up to \(20^\circ\)W.

To better understand the oceanic processes implied in this cooling extension, we compared the SST, \(z_{20}\), SLA and zonal velocities along \(3^\circ\) S from March to September 2005 (Fig. 9 a-d) and 2006 (Fig. 9 e-h). In 2005, the cooling westward extension was associated with a westward propagation of a shallower thermocline and negative SLA from the African coast up to \(5^\circ-10^\circ\) W combined with enhanced surface westward current...
fluctuations at the dates of the successive events from April-June. The fluctuations of the westward surface
current occurring off Gabon with periods of ~8-10 days were related to the strengthening of southerly winds
during the wind bursts at the same periods (Fig. 4b & g). The surface current in this area is part of the westward
SEC which is known to intensify during the cold season (Okumura and Xie, 2006). Our study implies shorter
time scales than seasonal scale but the intensification of the SEC during wind bursts through Ekman transport
processes might contribute to the westward extension of the cooling by advection of cold eastern upwelled
water. This is in agreement with DeCoëtlogon et al. (2010) who found from model results that at short time
scale (a few days), more than half of the cold SST anomaly around the equatorial cooling could be explained by
horizontal oceanic advection controlled by the wind with a lag of a few days. In addition, minimum z20 and
SLA values propagating westward at 3° S (Fig. 9b & c), initiated from the coast with a propagating speed of
around 10 cm.s$^{-1}$, which is very close to the phase speed of Rossby waves. Indeed, the generation of the
westward waves at the coast coincided with the arrival of Kelvin waves (see Fig. 5a) suggesting the possibility
of Kelvin wave’s reflection processes into symmetrical westward propagating Rossby waves. A westward
propagation of z20 and SLA minimums, although less obvious, was presently also identified at 3° N (not
shown).

In 2005, the locally wind-forced component of the wave might reinforce the remote part of the reflected wave
signal at the sea level slope which balanced the strengthening of alongshore winds blowing during
the mid-May and late-May events. The quantitative and respective contributions of local and remote wind
forcing to this wave is out of the scope of this study and would require further analysis. This phenomenon is
supported in 2005 by anomalous eastward expanded southerly wind bursts observed in May 2005. The month of
May is also a period when westward surface currents are usually maximum (as visible on the mean seasonal
cycle shown in Fig.1c). Thus, the combined effects of westward surface currents (via advection and vertical
mixing through horizontal current vertical shear), local wind influences (via vertical mixing) and wave
westward propagation, resulted in the extension of cold upwelled water from the eastern coast to near 20° W.

In 2006, the westward extension of cold waters established later, from the beginning of July. A coastal cooling
occurred on 18-26 May but no westward extension of the cold waters is observed at this period (Fig. 9e). In
2005, the two upwelling Kelvin waves followed each other closely while in 2006, the first Kelvin upwelling
wave reached the coast in May and the second in July (Fig.5b & Fig. 6b and Fig. 9f). In addition, the
intraseasonal wind strengthening responsible of the coastal cooling on 18-26 May 2006 is less intense (wind
stress mean in the CLR ~0.04N.m$^{-2}$) than the one in mid-May 2005 (~0.06N.m$^{-2}$; which is preceded and followed
by another wind bursts few days before and after; Fig. 3b & Fig. 4b).

The analysis over 1998-2008 period shows that the westward extension of the cold SST takes place every year
but begins at different times of the year (not shown). It occurs generally from June-July, when the cooling
events usually occur in the east at this location, and is thus closely linked with the shoaling of the thermocline
due to the arrival of a Kelvin upwelling wave at the eastern coast.
Figure 9: Time-longitude diagrams at 3° S between 10° W and 10° E, and from 2-days averaged model outputs from 1st March to 31 August 2005 and 2006, of (a & e) the sea surface temperature (° C); (b & f) the 20° C isotherm-depth (m); (c & g) the sea level anomalies from AVISO data (m); and (d & h) the zonal component of surface velocity (m.s⁻¹).
In conclusion to this section 4, the SST variability in the CLR at intraseasonal time scales is the result of combination between basin preconditioning by remotely forced shoaling of the thermocline via Kelvin wave, local mixing induced by current vertical shear, and upwelling processes in response to strong southerly winds. As highlighted for the 26-28 May 2005 and 2 April 2006 events, the net heat flux may also contribute to cool the surface waters, through enhanced cloud cover which decrease the incoming solar radiation. The cold upwelled waters around 3°S extend then westward from the eastern coast to near 20°W by combined effect of the westward propagating Rossby waves as well as vertical mixing and advection processes. The cool water may thus contribute to the cooling in the southern edge of the cold tongue region. Although the processes implied differ slightly due to the presence of the coast, the SST variability in the CLR is quite close to the one in the equatorial cold tongue region (not shown), due to similar atmospheric forcing. However, for a given wind burst, the intensity of SST response in the CLR and in the cold tongue region is modulated by subsurface conditions which are under the influence of equatorial Kelvin wave. In May 2005, the Kelvin wave reached the eastern coast while three wind bursts occurred. The thermocline was thus shallower in the east than west of 0°W, providing favorable subsurface conditions making the coupling between making the SST more reactive to wind intensification occurred during this month. In addition, the decrease short wave radiations due to enhanced cloud cover during the 26-28 May 2005 event or 2 April 2006 event, which contribute to the cooling in the CLR, did not concern the equatorial region east of 0°W.

5. Focus on the mid-May 2005 event

We have previously identified five main cold events in 2005 (22-24 April, 8-12 May, 16-20 May, 26-30 May and 14-18 June), characterized by a temperature drop ranging from -0.2° C to -1.7° C in the model. Analysis of intraseasonal wind stress magnitude (Fig. 4b) has revealed that each event is associated with strengthening of equatorward winds, especially during the 14-16 May event when the intraseasonal wind stress magnitude averaged over the CLR is the strongest one. This particular event has been found to be responsible for the sudden and intense SST cooling in the eastern equatorial Atlantic and identified as part of manifestation of temporal variability of the St. Helena Anticyclone (Marin et al., 2009). In this section, we focus on this mid-May event, to better understand the processes at play during this unusual event.

5.1 Atmospheric conditions

5.1.1 Wind and surface atmospheric pressure

The spatial distribution of the mid-May 2005 wind event can be inferred from Fig. 10 where CFSR wind speed fields superimposed with daily precipitation fields, surface pressure, wind speed curl, and downward shortwave radiation, are presented from 13 May to 17 May. The event was characterized by intense southeasterly wind east of 15° W and from 30°S to the equator from 13-14 May, concomitant with a strengthening of the easterlies west
of 30° W between 30° and 15° S (Fig. 10a). The strong southeasterly winds drifted then westward up to 15-16 May when the maximum was located in the western part of the basin off northeastern Brazilian coast. Simultaneously, a strengthening of southerly winds occurred north of the equator in the Gulf of Guinea. The strong winds during the event were associated with high pressure core of the Saint Helena Anticyclone, especially on 13-14 May, also associated with particularly low pressure under the ITCZ 4 days later (Fig. 10c). The pressure fall during the mid-May 2005 event appeared as the lowest in May over the whole decade (not shown). The meridional surface pressure gradient during the event is thus found to be the strongest over 1998-2008 period. That suggests strong Hadley circulation intensity during the mid-May event and therefore strong equatorward moisture flux, allowing the deep atmospheric convection in the Gulf of Guinea to be triggered at a self-sustaining level (see Sect. 5.2 following).

Figure 10: Daily-averaged, from 13 May to 17 May 2005 (left to right panels), of (a) wind magnitude (color field) (m.s$^{-1}$) superimposed with wind vectors from CFSR fields; (b) precipitation rate (kg.m$^{-2}$.day$^{-1}$) from CFSR fields; (b) surface pressure (hPa) from ERA-20C reanalysis; (c) wind speed curl (m.s$^{-1}$) computed from CFSR wind speed fields; and (d) downward short-wave radiation (W.m$^{-2}$) from CFSR fields.

5.1.2 Precipitation

The maps of precipitation rate during the event (Fig. 10b) display a band of heavy precipitation (9-17 kg.m$^{-2}$.day$^{-1}$) between 5° - 9° N and off northeast Brazil from the coast to 15° W and from 10° S to 3° S. The
maximum precipitation rate in this region occurred on 15-16 May concomitant with the easterly winds strengthening. This convective zone, located between the ITCZ north of the equator and the South Atlantic Convergence Zone (SACZ) in southern tropics, is the Southern Intertropical Convergence Zone (SICZ) (Grodsky and Carton, 2003). This zone forms usually later, by June-August, when the southern branch of the convection separates from the ITCZ which moves north of the equator. Grodsky and Carton (2003) showed that this rainfall pattern appears closely linked to the seasonal change in SST difference between the ACT region (which they defined between 15° W – 5° W, 2° S – 2° N) and the SITCZ region (25° W - 20° W, 10° S - 3° S). They argued that the seasonal appearance of the ACT along the equator sets up pressure gradients within the boundary layer that induce wind convergence in the SITCZ region. Based on Grodsky and Carton (2003) results, the unusually rainfall conditions during mid-May event might thus be explained by strong SST gradient between the two regions caused by unusually early cooling in the ACT region at this time of the year.

5.1.3 Generation of atmospheric gravity wave

The precipitation fields during the mid-May event (Fig. 10b) also evidence rainfall pattern typical of atmospheric gravity wave train characterized by a horizontal wave length ~500 km and initiated by a front system (forming the northern boundary of a low pressure system) which developed around 17° S on 14 May and traveled northeastward until 17 May. The rainfall train was associated with oscillatory wind speed curl train alternating between positive and negative values (Fig. 10d) as well as alternating downward shortwave radiation minimum (Fig. 10e) associated with the wave clouds. Gravity waves are known to play an important role in transporting the momentum and energy through long distances (Fritts, 1984). Here, they would be a way to carry momentum and energy from South Atlantic to the equator during the strong event.

5.2 A decisive event for coastal monsoon onset

The mid-May 2005 wind event was found to be involved in the early onset of the ACT development (Marin et al. 2009, Caniaux et al., 2011). The influence of the cold tongue on the WAM onset has been suggested by several authors (Okumura and Xie, 2004; Caniaux et al., 2011; Nguyen et al., 2011; Thorncroft et al., 2011). At the seasonal time-scale, Caniaux et al. (2011) suggest that it comes from strong interactions between the SST cooling and wind pattern in the eastern equatorial Atlantic: the ACT serves to accelerate (decelerate) winds in the northern (southern) hemisphere contributing to the northward migration of humidity and convection, and pushes precipitation to the continent. Thus, due to its impact on ACT development, the mid-May 2005 wind event is also linked to the onset of the WAM in 2005 which has been the earliest over 1982-2007 period from Caniaux et al. (2011). In this section we aim to better understand how this single wind event may have such impact. For further information on the WAM, the reader can refer to Leduc-Leballeur et al. (2013) and Caniaux et al. (2011).
In order to analyze the air-sea pattern in the northern Gulf of Guinea during May-June 2005, we show in Fig. 11 the wind magnitude, precipitation rate, and SST fields averaged from 10° W to 6° W. The wind strengthening appeared first south of the equator on 12-16 May and then north of the equator from 14-18 May. It was associated with strong rainfall extending southward up to 2° N. Equatorial cooling occurred 4 days after the event and slowed down the overlying winds by feedback mechanisms. The winds north of the equator then remained stronger than in the ACT region and strengthened again north of the Equator on 22-28 May together with precipitation maximum pushed northward (around 5° N) after the event.

Thus, this mid-May event appears as the “decisive event” which triggered the abrupt transition between the two wind patterns in the northern Gulf of Guinea, when the wind north of the equator became and remained stronger than south of the equator. It occurred 15 days earlier than the average date (31 May) identified by Leduc-Leballeur et al. (2013) over 2000-2009 period. According to these authors, the time of occurrence of this phenomenon would be related with the strength of anomalous moisture flux. They explain that in April-May the low atmospheric local circulation is present only during an equatorial SST cooling and surface wind strengthening north of the equator, both generated by a southerly wind burst, before disappearing until the next wind burst. In June-July the low atmospheric local circulation is then always present and intensified by the wind bursts. Thus, the establishment of an abrupt seasonal transition event as observed in 2005, occurring much earlier than the reference date, supposed anomalously strong equatorial cooling caused by unusual strong southerly winds which allowed, through air-sea interactions mechanisms, to trigger the deep atmospheric convection in the Gulf of Guinea at a self sustaining level.

Figure 11: Time evolution, in May and June 2005 between 6° S and 6° N and averaged between 10° W and 6° W, of the (a) daily averaged wind magnitude (m.s\(^{-1}\)) from CFSR wind fields; (b) daily averaged precipitation rate (kg.m\(^{-2}\)/day) from CFSR fields and (c) 2-daily averaged SST (° C) fields, from the forced model.

5.3. What made the mid-May 2005 event so special?

To better understand which makes the particularity of the mid-May 2005 event, the atmospheric and oceanic conditions (SST, intraseasonal SST anomalies, intraseasonal short-wave radiation flux anomalies (hereafter RADSW), intraseasonal wind stress magnitude anomalies, intraseasonal z20 anomalies, and intraseasonal meridional SST gradient anomalies) averaged over the 10° W - 6° W region and between 15° S to 5° N during
April-May are analyzed over the 1998-2008 period (Fig. 12). The intraseasonal wind stress magnitude anomaly during mid-May event appears to be one of the strongest over the whole 1998-2008 period (up to 0.13 N.m\(^{-2}\) around 15°S and 0.05 N.m\(^{-2}\) in equatorial region). These strong wind conditions are usually met later in late boreal spring or summer, when the St. Helena Anticyclone strengthens and shifts northward toward the warm hemisphere. The wind intensification in mid-May 2005 was associated with particularly weak RADSW from South Atlantic to the northern equatorial region, suggesting cloud albedo effect during the event which tended to cool the mixed layer. We can notice that the April-May 2005 period was characterized by the lowest mean RADSW.

In addition, at the time of the event, the surface waters were already cooled by previous wind bursts (e.g. 20 April and 8 May). The SST response to the mid-May event occurred 4-6 days later, inducing the weakest equatorial SST values for April-May season over the whole 1998-2008 period (SST drop of ~3°C inducing SST < 24.8°C). The cooling also caused an enhanced SST front around 1° N, as shown in Fig. 12 (bottom panel), which was found to be the earliest and strongest one over the 1998-2008 period. This meridional SST gradient was responsible for the wind surface intensification north of the equator (Fig. 11a and Fig. 12, fourth panel) through air-sea interaction mechanisms as described by Leduc-Leballeur et al. (2011). Another SST gradient maximum is found at the end of May 1998 but it was not extended as eastward than during the mid-May 2005 event (not shown).

When the wind burst occurred on 14 May 2005, the 20°C-isotherm depth in the area was anomalously shallow south of the equator and slightly deeper at the equator (Fig. 12, fifth panel). The thermocline shoaling associated with the Kelvin wave appeared in fact a few days earlier providing favorable subsurface conditions which made the SST response to previous wind bursts (20 April and 8 May) more effective. At the time of the mid-May event, the wave already reached more eastern areas, as shown in previous sections.

Thus, the particularity of the mid-May 2005 event mainly lies in the i) anomalous atmospheric conditions related to strong St. Helena Anticyclone perturbation; ii) cooling initiated by the succession of previous wind bursts; and iii) favorable subsurface local ocean conditions preconditioned by equatorial waves which shoaled the mixed layer. Another wind burst of comparable intensity occurred at the beginning of May 2000 (Fig. 12, fourth panel) while the thermocline was shallow, causing SST cooling at the equator (Fig. 12, first and second panels). However, the wind strengthening was less sudden than during the mid-May 2005 event and the resulting cooling took place over a less broad region (not shown). In addition, the surface pressure drop in the ITCZ region was not as pronounced as during mid-May 2005 event.
Figure 12: Time-latitude diagrams for April-May along the 1998-2008 period, of 2-days average, from top to bottom i) SST (°C); ii) intraseasonal anomaly of SST (°C); iii) intraseasonal anomaly of short-wave radiation surface flux (W.m²) from CFSR fields; iv) intraseasonal anomaly of wind stress magnitude (N.m²) from CFSR fields; v) intraseasonal anomaly of 20°C-isotherm depth (m) computed from the forced model SST; vi) intraseasonal anomaly of meridional SST gradient (every 0.5° of latitude), from the forced model; averaged over 10°W-6°W. The vertical black thin line indicates the date of 14 May, 2005. For details about the calculations of the anomalies, see Sect. 2.

6. Summary and discussion

In this study, the impact of intraseasonal winds on SST in the far eastern Tropical Atlantic during boreal spring 2005 and 2006 has been investigated from observations and numerical simulation. We first focus our study in the Cape-Lopez region (CLR), east of 5°E and between the equator and 7°S, where the seasonal and interannual SST variability is poorly documented. There, the boreal spring (AMJ) season corresponds to a transitional period between high SST in boreal winter and low ST in boreal summer, under the influence of local winds. Intensified cool SSTs are observed in the coastal upwelling area located around 6°S in the Congo mouth region, associated with mean alongshore wind conditions. Boreal spring season is in fact characterized by maximum winds amplitude, influence of which is made more effective by shallow thermocline depth, itself strongly influenced by remote forcing. The seasonal cycle in the CLR is modulated by strong year-to-year variations, as
observed in boreal spring 2005 when cold SST anomaly are associated with shallower-than-average thermocline depth and positive wind speed anomaly.

The intraseasonal wind bursts which occurred in boreal spring 2005 and 2006 generated cooling episodes especially around 3°-4° S except for some strongest events when the cooling reached more northern equatorial region, especially during the mid-May and end-May 2005 events. The intensity of the cold events resulted from basin preconditioning by remotely forced shoaling of the thermocline (via Kelvin wave), local mixing (induced by current vertical shear) and upwelling processes in response to strong southerly local winds. For one particular event, on 26-28 May 2005, the net heat flux also tended to cool the surface water, due to enhanced cloud cover which decreased the incoming solar radiations. In the CLR, stronger wind intensification and favorably preconditioned oceanic subsurface conditions in 2005 made the coupling between surface and subsurface ocean processes more efficient than in 2006, resulting in stronger cooling. It should be noted that the occurrence of intraseasonal wind intensification in the CLR is not specific to the boreal spring/summer 2005 and 2006 and is observed every year over the 1998-2008 period of study (not shown). However, their impact on SST variability in the region is modulated depending of the strength of wind intensification and of the subsurface preconditioning. For example, the year 1998, known as a "warm year", is characterized by anomalous warm SST in boreal spring/summer in the CLR., associated with anomalous weak winds and anomalous deep thermocline.

The preconditioning of subsurface conditions in the area via Kelvin wave at the dates of the wind bursts depended on the atmospheric conditions in the western part of the basin a few weeks earlier. Previous studies (e.g. Picaut, 1983; Philander, 1990) suggest that the source of an equatorial Kelvin wave is mainly related to a sudden change of the zonal wind in the west. Analysis of atmospheric and oceanic conditions at intraseasonal to daily scale in winter 2005 and 2006 showed that for both years, an Kelvin upwelling wave was initiated in the west while easterly winds were strengthened from either side of the equator just after the ITCZ to be at its southernmost location. This latter was observed one month earlier in 2006 (late February – early March) than in 2005 (late March-early April), and was associated with a negative wind stress curl anomaly. In winter 2005, the ITCZ was found south of the equator after a very sudden southward shift and was followed by strong easterlies during ~20 days. In winter 2006, the ITCZ was found closer to the equator less sharply and during a longer period, followed by weaker easterlies when compared to 2005. These results obtained for the years 2005 and 2006 years do not imply that same atmospheric conditions would be observed for winter upwelling Kelvin wave of other years. Especially, the year 2005 was very particular and also exhibited anomalously cold SSTs in the south Atlantic and anomalously warm SSTs in the north Atlantic initiated in fall 2004, signature of a meridional mode (Virmani and Weisberg, 2006; Foltz and McPhaden, 2006; Hormann and Brandt, 2009).

Upon impingement at the eastern boundary, the incoming equatorial Kelvin wave excites westward-propagating Rossby waves and poleward propagating coastal Kelvin waves. In 2005, the Kelvin wave reached the coast around mid-May while southerly winds strengthened, allowing the reflected wave to be reinforced by the local wind. This resulted in westward propagation of negative z20 and SSH anomalies which, combined with
enhanced westward surface currents, provided favorable conditions to westward extension of cold upwelled water from the eastern coast to near 20°W through advection and vertical mixing.

In the second part of the study, we specially focused on the mid-May 2005 event (13 May to 16 May) that was characterized by strong southerly wind strengthening in the eastern Tropical Atlantic Ocean. It was found to be responsible for the sudden and intense SST cooling in the Gulf of Guinea and the CLR, and involved in the early onset of the ACT development in 2005 and therefore in the early onset of the WAM. The analysis of atmospheric and oceanic conditions in the Gulf of Guinea associated with this event allowed to show that the mid-May event, controlled by the St. Helena Anticyclone, can be identified as a “decisive event” which triggered the abrupt transition between two wind patterns in the northern Gulf of Guinea. Unusual strong southerly winds induced anomalously strong equatorial cooling which in turns slowed down the overlying wind feedback mechanism and generated stronger than normal southerlies north of the equator through the SST front around 1°N. This triggered the deep atmospheric convection in the Gulf of Guinea at a self-sustaining level and the beginning of coastal precipitation. The time of occurrence of this phenomenon, 15 days earlier than the averaged date (31 May from Leduc-Leballeur et al., 2013), suggests that the mid-May 2005 event was associated with anomalous strong moisture flux. The description of atmospheric conditions over the 1998-2008 period has shown that the 2005 event was characterized by the strongest surface pressure gradient between the St. Helena high pressures and the low pressures under the ITCZ, inducing strong Hadley cell activity. No similar atmospheric pattern was observed during the whole 1998-2008 period. Another wind burst of comparable wind intensity occurred at the beginning of May 2000. This event also induced a cooling at the equator but the surface pressure decrease in ITCZ region was not as pronounced as during mid-May 2005 event and the SST gradient around 1° N was weaker. In addition to coastal precipitation in the Gulf of Guinea and due to the early cooling in the ACT region, unusually rainfall conditions also occurred between the northeast coast of Brazil and 15° W within the SITCZ, which generally forms in early boreal summer.

Finally, this study highlights the importance of a strong southerly wind burst in the eastern tropical Atlantic during boreal spring season, which is a transitional period during which an anomalous strong energy input may tip the energy balance from an equilibrium state toward another one and thus impact the WAM system. The analysis of atmospheric and oceanic conditions during the mid-May 2005 wind event allows to highlight the different processes through which the wind power provided by the wind burst is brought to the ocean: i) direct effect of the wind on the SST in the eastern tropical Atlantic; ii) changes in the trade winds in the western equatorial Atlantic exciting eastward-propagating equatorial Kelvin waves; iii) energy transport via atmospheric gravity waves from South Atlantic; and iv) energy supply to Rossby wave. In addition to unusual atmospheric conditions in mid-May 2005, the ocean response intensity to this event was also enhanced by the subsurface conditions, made favorable by previous wind bursts, either local (e.g. in 6-8 May) or occurring a few weeks before in the West.
It is crucial to better describe the atmospheric and oceanic processes at play during such extreme event, notably in order to reduce the well known warm bias in the southeastern tropics in coupled models in both atmospheric and oceanic components (Zeng et al., 1996; Davey et al., 2002; Deser et al., 2006; Chang et al., 2007; Richter and Xie, 2008) as well as in forced ocean-only simulations (e.g. Large and Danabasoglu, 2006). This warm bias is well evidenced in our numerical simulation (Fig. 1&2) and our results clearly show that the cooling episodes were underestimated in the CLR, implying the need to investigate more in depth the oceanic and atmospheric processes at play in this particular region. As the intraseasonal wind bursts are related to the fluctuations of St. Helena Anticyclone, their impact on SST variability in the eastern tropical Atlantic and regional climate suggests the need of better understand the St. Helena Anticyclone variability.

It is also important to note that the mid-May 2005 event occurred during an unusually active year. The year 2005 exhibited a pronounced meridional mode pattern with strong SST gradient between the two hemispheres. Several authors (Foltz et al., 2006; Virmani and Weisberg, 2006; Marengo et al., 2008a, 2008b; Zeng et al., 2008) studied this particular year, marked by anomalously warm SST in the tropical North Atlantic during March-July, the warmest from at least 150 years. This anomalous warming was associated with the most active and destructive hurricane season on record (Foltz et al., 2006; Virmani and Weisberg, 2006) and an extreme and rare drought in the Amazon Basin (Marengo et al., 2008a, 2008b; Zeng et al. 2008; Erfanian et al., 2017). From these authors, primary causes of the anomalous warming in 2005 were a weakening of the northeasterly trade winds and associated decrease in wind-induced latent heat loss as well as changes in shortwave radiation and horizontal oceanic heat advection. This 2005 temperature record is made even more remarkable given that, unlike the 1998’s one, it occurred in the absence of any strong El Niño anomaly (Shein, 2006). Some studies (Goldenberg et al., 2001) attribute these SST increases to the Atlantic Multidecadal Oscillation (AMO), while others suggest that climate change may instead be playing the dominant role (Emanuel, 2005; Webster et al., 2005; Mann and Emanuel, 2006; Trenberth and Shea, 2006). Comparable anomalously warm tropical Atlantic SSTs have been observed in 2010 also associated with extreme drought in the Amazon. However, from time series of monthly anomalies constructed for the two basins (North and South Atlantic) by using OISST monthly mean data, Erfanian et al. (2017) show that the warmer-than-usual SSTs in the North Atlantic in 2010 was not associated with colder-than-usual SST in South Atlantic contrarily to 2005 (their Fig. S4e).

While the warming in North Tropical Atlantic during 2005 has been investigated by several authors, the cooling in South Atlantic has received less attention. This study highlights the need to further document and monitor the South Atlantic region and the St. Helena Anticyclone, through additional high resolution analysis and observations.

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